

# MTN-036 Laboratory Training

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#### Objectives

- Resources
- Specimen Management
- Overview of Lab testing
- Supplies
- ≻ Q&A

#### Resources

#### MTN LC: Magee-Womens Research Institute

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#### SSP Section 10: Lab Considerations

- Most current version
  - www.mtnstopshiv.org
- Lab SSP Tables

### Specimen Management slide 1

- Specimen Labeling (Section 9.2, page 9-4)
  - SCHARP-provided participant ID (PTID) label.
    - Include Collection date and Visit code.
    - If information is handwritten, use indelible ink.
  - LDMS labels for aliquots stored for MTN LC.
    - Please do not remove SCHARP label.
- Special Circumstances (Section 9.3, page 9-4)
  - Collection of a specimen will be repeated if samples cannot be tested (Ex. Purple Top broke on transit to the lab).
  - A protocol deviation (PD) form may be required in cases when additional specimens are collected either due to a laboratory or clinic error.

#### Specimen Management slide 2

- Specimen Handling and Chain of Custody SOP
  - Local Lab Requisitions
  - Laboratory Data and Management System (LDMS) Tracking Sheet

#### LDMS (Section 10.4)

- Samples stored for MTN LC
  - Tables 10-3 and 10-4
- LDMS Tracking Sheet only:
  - On tracking sheet, <u>freeze times</u> to ensure within storage parameters
  - Pre and post weights for vaginal and rectal swabs, cx biopsy
    - Make sure post weight is larger
- LDMS Log In:
  - Collection times for PK samples, plasma archive
  - Net Weight for CVF PK, Rectal PK or CX Biopsy PK
    - The average weight for vag PK is ~81 mG (65-115 mG)

## **Urine Specimens**

- Specimen collection (10.5.1)
- hCG (Section 10.5.2)
  - Quidel Quickvue or SureVue; Beckman Coulter ICON 25
  - Required at Screening, Enrollment, Days 28, 56, and 91/PUEV
  - Pregnancy Test Result CRF
- Dipstick urinalysis (Sections 10.5.3)
  - Roche Chemstrip 50B test strips; Siemens Multistix 10
     SG or Uristix 4
  - If clinically indicated, leukocytes and nitrites
    - Urine culture, proceed per local standard of care
  - Local Laboratory Results CRF

### Blood Specimens slide 1 per local lab requirements

- Complete Blood Count with Differential and Platelets (Section 10.6.2)
  - Required at Screening and Day 91/PUEV
  - If clinically indicated, other visits
  - Hematology CRF
- Chemistries: AST & ALT (Section 10.6.2)
  - Required at Screening and Day 91/PUEV
  - If indicated, monthly visits
  - Local Laboratory Results CRF

#### Blood Specimens slide 2 per local lab requirements

- Syphilis Serology (Section 10.6.4)
  - Required at Screening
  - If clinically indicated at follow-up visits (see Table 10-1)
  - STI Test Results CRF
- HIV-1 Testing (Section 10.6.3)
  - Required at Screening, Enrollment, Day 91/PUEV
  - If clinically indicated, follow-up visits
  - HIV Results CRF, HIV Confirmation CRF
  - HIV Testing Algorithm



#### Blood Specimens, Stored for MTN LC

- Plasma archive (Section 10.6.5)
  - LDMS Tracking Sheet, Specimen Storage CRF
  - Required at Enrollment
  - If indicated at follow-up, SAMPLE 2 in HIV Algorithm
    - viral load and HIV drug resistance confirmation by MTN Virology
  - Storage: 1.5-mL aliquots;  $\leq$  -70°C within 24 hrs (4°C) or 4 hrs (RT°)
- Plasma for PK (Section 10.6.6)
  - LDMS Tracking Sheet, Specimen Storage CRF
  - Enrollment: Timer towards 1 HR time point starts when ring is inserted
  - Single time points, Days 28 and 56
    - Before ring removal for 28-day rings
  - Day 91/PUEV: o HR before ring removed
    - Timer towards 1 HR collection point starts after ring removal
  - Storage: 1-mL aliquots; ≤-70°C within 8 hours
    - Primary Plasma PK set; Backup Plasma PK set

### Rectal Fluid Swab for PK

- Enrollment (4-hours post insertion), Days 3, 7, 14, 28, 91 (prior to ring removal) and Final Contact visits.
- Pre-weight of packaged swab, cryovial
  - Place SCHARP labels prior to pre-weight
- Collection with anoscope
  - Within 30 minutes of blood collection
  - Hold swab against mucosa, 2 minutes
  - Time on LDMS Tracking Sheet, Specimen Storage CRF
- Post-weight
  - Place swab packaging, swab shaft into specimen bag
- Storage within 2 hrs, ≤-70°C

## Weighing Rectal and Vaginal Swabs for PK



Also have backup kits, already weighed









Don't throw wrapper or swab shaft in garbage Weigh everything

### Cutting vs Bending Swab



cutting or bending for lid to close properly



## Vaginal Swab for PK slide 1 (10.7.6)

- Blood, Rectal swab (if applicable) for PK collected first
- Collected prior to speculum insertion
- All collected within 30 minutes time
- Similar weighing procedure as rectal fluid swab
  - Pre- & post-weights, net weights: LDMS Tracking Sheet
- Record collection time, LDMS Tracking Sheet and Cervical Specimen Storage CRF
- Enrollment
  - Ring insertion, timer starts for 1-, 2-, and 4-HR collection time target points
  - If collection delayed, no bearing on next time point

## Vaginal Swab for PK slide 2 (10.7.6)

- Single time point
  - Days 1, 2, 3, 7, 14, 28, 56, Final Contact
- Days 28 and 56
  - Participants randomized to 28-day (25-mG) ring
  - Order of collection: Blood, Rectal swab, Vag PK samples before ring removal
- PUEV/Day 91
  - o-HR, prior to ring removal
  - Same rules as enrollment above
  - If VR removed prior to visit, collect only single time point with blood for PK

### Pelvic Exam Checklist slide 1 Vaginal Specimens

- Trichomonas and GC/CT NAAT vaginal swabs (section 10.7.5)
  - Cepheid (2 tubes) vs GenProbe Aptima (1 tube) collection
  - Required at Screening; if clinically indicated at other visits
    - STI Test Results CRF
- qPCR for Microbiota (10.7.4)
  - 2 of the following: Flocked swab placed in a 2.0-mL cryovial
  - Cervical Specimen Storage CRF, LDMS Tracking Sheet
  - Store in two separate boxes:
    - Primary qPCR box, Backup qPCR box

Pelvic Exam Checklist slide 1 Quantitative Culture (10.7.3)

- Starplex Starswab Anaerobic
   Collection Kit, including 2
   Dacron Swabs
  - Slowly insert swab into gel (swab halfway through gel)











Pelvic Exam Checklist slide 2 Quantitative Culture (10.7.3)

- Refrigerate (4°C) if not shipped immediately
- Ship multiple samples in one shipment with frozen ice packs
  - A separate biohazard specimen bag for each participant visit.
  - Wrap each tube in absorbent material (paper towel)
  - Place each tube, including corresponding vag slide in a case, in biohazard bag
- Cervical Specimen Storage CRF, LDMS Tracking Sheet
- Create batch shipment
- Email: hillierlab@mwri.magee.edu





#### Pelvic Exam Checklist slide 2 Vaginal Specimens

- Bacterial vaginosis or candidiasis, if clinically indicated, any visit (section 10.7.2)
  - Saline wet mount for clue cells for BV
  - KOH for whiff test for BV
  - KOH wet mount for candidiasis
  - pH for BV
  - STI Test Results CRF
- Amsel's Criteria, must have at least 3 of the 4 following:
  - Thin homogeneous discharge
  - Amine odor
  - pH >4.5
  - >20% Clue cells

Pelvic Exam Checklist, slide 3 Vaginal Specimens

- Gram stain (Section 10.7.1)
  - Required at Enrollment, monthly visits
  - One swab, two slides



- Specimen Storage CRF and LDMS Tracking Sheet
- Storage
  - Primary VAG Gram Stain set
  - Duplicate VAG Gram Stain Set

#### Pelvic Exam Checklist Cervical Specimens (10.8)

- Pap Test per local standard of care
  - If indicated at Screening, STI Tests Results CRF
- Cervical Biopsy
  - Required at Day 28 and PUEV/Day 91, before ring removal
  - Two biopsies, one per cryovial
    - Pre-weigh cryovials 1 and 2, post weight with biopsy, net weight
    - LDMS Tracking Sheet
  - Collection time: LDMS tracking sheet, Cervical Specimen Storage CRF
  - Sample preparation for storage
    - Immediate placement of cryovial in dry ice ethanol bath or liquid nitrogen
  - Storage @ ≤-70°C

Pelvic Exam Checklist Cervicovaginal Lavage (CVL)

- Collection procedure (10.7.7)
  - 10-mL normal saline
  - Collect CVL with syringe, place into 15-mL conical tube.
  - Cervical Specimen Storage CRF
- Collection time: LDMS tracking sheet, Cervical Specimen Storage CRF
  - Required at Enrollment prior to ring insertion;
  - Days 28 and 56 prior to ring removal;
  - PUEV/Day 91 4-HR post ring removal (speculum re-inserted)

Pelvic Exam Checklist Cervicovaginal Lavage (CVL)

- Sample preparation for storage
  - First centrifugation: 1-mL aliquots of supernatant
  - Second centrifugation
    - Remove supernatant
    - Add 0.5-mL normal saline to the pellet
  - Storage @ ≤-70°C within 2 hours of collection
    - 1 aliquot for CVL for PD
    - 1 aliquot for CVL for PK
    - 2 aliquots in CVL for biomarker box
    - Remainder in boxes labeled CVL supernatant

#### Intravaginal Ring Storage (10.7.8)

- Remnant content analysis
- Ring Insertion Removal CRF
- Prepare ring for storage if ring that is removed prematurely is not re-inserted.
- Days 28, 56, and 91/PUEV
  - Collect all PK samples BEFORE IVR removal.
- Safety from aerosol
- Mold-prevention: Must be dry before bagged
- Storage in amber bag

## Shipping instructions, batched for end of study

#### ◆ To MTN LC

Plasma archive
CVL for PD
CVL Biomarkers
qPCR
Used vaginal rings

# To JHU CPAL Plasma for PK Rectal Swab for PK Vaginal Swab for PK Cervical Biopsy for PK CVL for PK

## Supplies Provided by MTN LC

- Sterile polyester-tipped swabs
  - vaginal smear, swabs for PK
- Slides with frosted ends and cases
  - vaginal smear
- Swabs and cryovials for qPCR
- Starplex Starswab Anaerobic Transporters
- Cryovials for VAG, REC, and CX PK
- Amber zippit bag: IVR



#### Questions?